

BLIND CONTOUR:

A blind contour is a drawing exercise where an artist sketches the contours (form) of a subject using a continuous line looking only at the object and not at the paper.

The goal is to build hand-eye coordination and train the brain to focus on observation rather than a finished piece of art.

Key Characteristics

- **No Peeking:** The artist keeps their eyes strictly on the object and never looks down at the drawing surface.
- **Continuous Line:** The drawing tool generally stays on the paper from start to finish without lifting or erasing.
- **Process Over Product:** The final image is often wildly distorted or abstract, prioritizing the physical act of looking over realism or technical drawing skills.

Purpose For Artists

- **Improves Observation:** Encourages you to notice details, edges, and shifts in form that you might otherwise miss.
- **Hand-Eye Coordination:** Strengthens the neurological connection between what the eyes see and how the hand moves.

